



## **Play is a powerful tool**

Adults and children alike, we're all getting to grips with how to live in this new, temporary 'normal'.

But children have one simple, yet powerful tool at their fingertips to help them cope with the anxiety caused by a pandemic. Play.

Click on the ink below to be directed to lots of tips and resources from the Great Ormond Street Play Team!

<https://www.gosh.org/power-of-play-hub>