

Outdoor PE Half Term Challenge

Create an obstacle course

Using some of the items you have at home, create an obstacle course in your garden. You may even want to design it and label it before you start to build it. You could use old sheets to crawl under, use a brush and two chairs to create a pole to duck under, a hula hoop to jump into, or a skipping rope to balance along.



Once you have designed it, see how quickly you can make your way around. Can you beat your previous time?