

Foundation Stage PSHE

Feelings and emotions

(dealing with loss- bereavement and not
seeing friends and family)

LO: To understand why we have different feelings and emotions

Who do we have in our family?

- ▶ TTYP and discuss all the people in your family
- ▶ Mum, Dad, Grandma, Grandad, Auntie, Uncle, Brother, Sister



Cousin



Sister



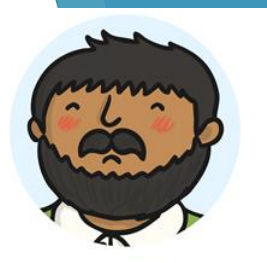
Grandma



Mum



Brother



Uncle



Grandad



Daddy



Auntie



Half Sister



Step Brother

Feelings and emotions

Draw lines to connect each facial expression with an emotion.



Angry



Worried



Happy



Surprised



Sad



How does this girl feel?

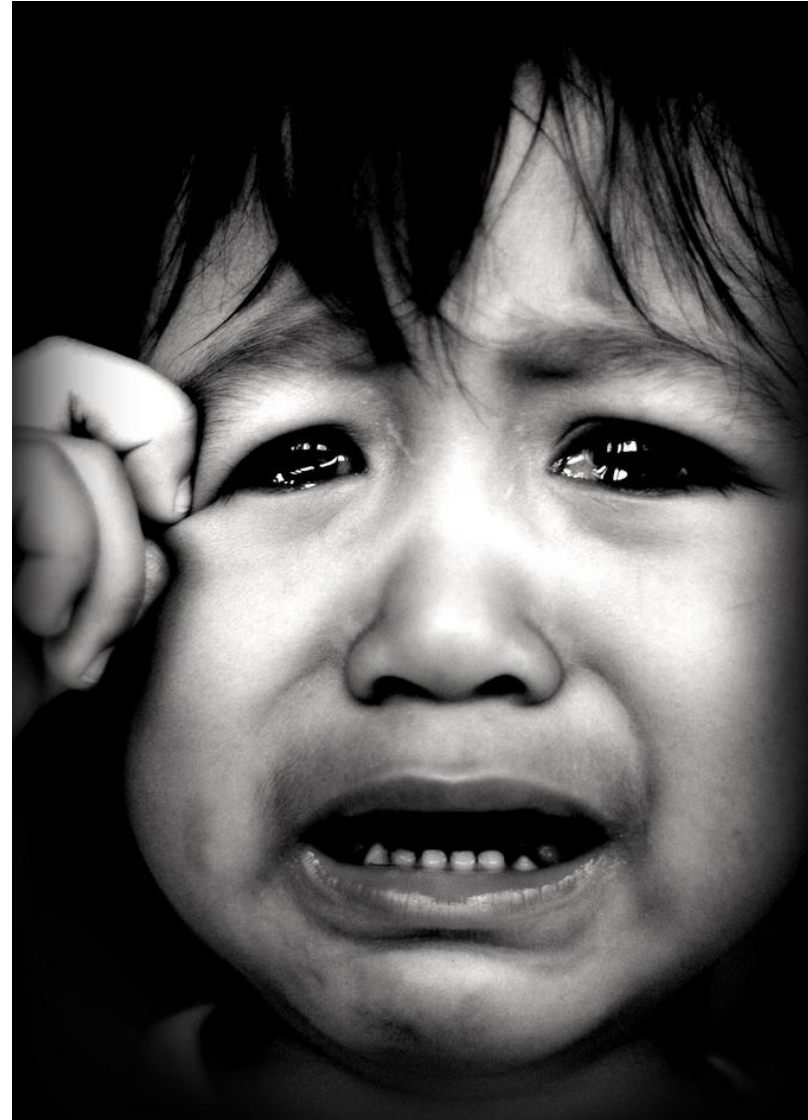
Why do you think she feels like this?

What makes you feel happy?

How does this boy feel?

Why do you think he feels like this?

What cheers you up when you feel sad?





How does this girl feel?

Why do you think she feels like this?

What is another word for angry?

How does this girl feel?

Why do you think she feels like this?

What makes you scared?



Always and forever- Alan Durant

Key questions:

How did the characters feel when their friend died?

What helped the characters?

What might make us think about someone who has died? For example, photographs, places, smells or music.

What other fun things could the characters have done to remember their friend?