

PE HOME LEARNING CHALLENGE CARD

Challenge 9: Create a PE Challenge (see topic home learning)



Brief

This week is National School Sports Week! We have been setting home learning PE challenges each week during lockdown. Now it's your turn to set us a PE challenge! Record yourself or write up a PE related challenge that can be done at home and send it in to Mr Webb (awebb@verwoodfirst.dorset.sch.uk).

Rules

- If using equipment for your challenge, it must be something that most people will have at home.

Maybe some of the teachers will try to complete your challenges as part of their next website videos.

Now that's an incentive!