

Sex and Relationship Education Policy
Verwood CE First School
November 2018

This policy was developed in response to Sex and Relationship Education Guidance DfES 2000 and the National Healthy Schools Programme.

Sex and Relationship Education is lifelong learning about physical, sexual, moral and emotional development. It is about the understanding of the importance of stable and loving relationships and developing respect, love and care in family life. It involves acquiring information, developing skills and forming positive beliefs, values and attitudes.

In our school we believe SRE is an integral part of Personal, Social and Health Education and will be delivered within an age appropriate programme. Our aim is that SRE will help to give our children the skills, understanding and knowledge they need to lead confident, healthy, independent lives, to help them become informed, active and responsible citizens.

It has three main elements:

Attitudes and values

- learning the importance of British Values
- learning the value of family life, marriage and stable and loving relationships for the nurture of children
- learning the value of respect, love and care
- exploring, considering and understanding moral dilemmas

Personal and social skills

- learning to manage emotions and relationships confidently and sensitively
- developing self-respect and empathy for others
- learning to make choices and considering the consequences of choices made
- building skills to achieve happiness and fulfilment

Knowledge and understanding

- learning and understanding physical development at appropriate stages

In addition we believe that SRE should:

- be an integral part of the lifelong learning process, beginning in early childhood and continue into adult life.
- be an entitlement for all young people.
- be set within the wider school context and support family commitment – love, respect, affection, knowledge and openness.
- recognise that parents are the key people in teaching their children about sex, relationships and growing up. We aim to work in partnership with parents and children, consulting them about the content of programmes.
- recognise that the wider community has much to offer and we aim to work in partnership with health professionals, social workers, peer educators and other mentors or advisors.

After careful consideration the Governors of the school have decided that the school should offer a programme of Sex and Relationship Education, details of which are in the PSHCE and Science schemes of work. It will be appropriate to the children's age and experience and will be presented within a Christian framework.

Curriculum Content

Key Stage 1

Children should be taught:

- to recognise and compare the main external parts of the bodies of humans
- that animals and humans grow and reproduce
- that humans and animals produce offspring and that these offspring grow into adults
- to recognise similarities and differences between themselves and others and treat each other with sensitivity.
- Identify and share their feelings with others
- Recognise safe and unsafe situations
- To identify and be able to talk to someone they trust
- To be aware that their feelings and actions have an impact on others
- To make a friend, talk with them and share feelings
- To use simple rules for dealing with strangers and for resisting pressure when they feel uncomfortable or at risk
- To identify family relationships and raise awareness of the various types of families
- To develop ideas of non-stereotype gender roles

Key Stage 2 (continues through middle school)

Children should be taught:

- about the main stages of the human life cycle
- about human and animal reproduction
- about some of the body changes at puberty
- to recognise how their emotions change at puberty and how to deal with their feelings towards themselves, their families and others in a positive way
- to be aware of different types of relationships, including marriage and those between family and friends, and to develop skills to be effective in relationships
- to recognise and challenge stereotypes

Rights of Withdrawal

Parents have the right to withdraw their children from part or all of SRE outside what is specified in the National Curriculum. If parents would like to discuss this policy further they are welcome to contact the Headteacher or Chair of Governors. Further help may be obtained from our school nurse Paula Stubbs at Wimborne Health Clinic.