

VERWOOD C.E. FIRST SCHOOL AND NURSERY



Howe Lane, Verwood, Dorset, BH31 6JF - Tel. 01202 822652

Intimate Care Policy including Nappy Changing and Sun Care

Intimate care involves areas of personal care, which most people normally do for themselves but some are unable to do because of their stage of development, impairment or disability.

We aim to provide intimate care to all children who require it, which acknowledges the responsibilities and protects the rights of everyone involved. We believe that children have the right to be treated with sensitivity and respect, and in such a way that their experience of intimate care is a positive one. We acknowledge that it is essential that every child is treated as an individual and that care is given as gently and as sensitively as possible. We also believe that every child should be encouraged to have a positive image of their own body.

We aim to provide guidance and reassurance to staff and protect the rights and wellbeing of children.

We will liaise closely with parents/carers of all children to obtain as much information as possible in order to make the process of intimate care as comfortable as possible. We will endeavour to take all of their individual concerns into account. We are conscious that this is a sensitive issue and will ensure all of our staff are aware of our confidentiality policy. We will ensure that all staff are familiar with the normal precautions for avoiding infection and that they are aware of our hygiene policy and procedure.

We will endeavour to ensure privacy appropriate to the child's age and situation when carrying out intimate care. We will allow the child to care for themselves as far as they are able to and encourage our staff to promote appropriate use of toilets and associated skills. We will be aware of and responsive to the child's reactions and provide reassurance whenever this is required.

Nappy Changing

No child is excluded from participating in our Nursery who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training unless, there are medical or other developmental reasons why this may not be appropriate at the time. We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained. We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Our key persons have details of personalised changing times for the children in their care who are in nappies or 'pull-ups'; and change nappies according to this schedule, or more frequently where necessary.

We encourage younger children to wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and if their parents/carers agree.

Our changing area is warm, with a safe area to lay children and there are no bright lights shining down in their eyes.

Our staff put on gloves and aprons before changing starts and the areas are prepared. Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.

We ensure that nappy changing is relaxed and a time to promote independence in young children.

We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.

We encourage children to wash their hands and have soap and towels to hand. Older children access the toilet when they have the need to and are encouraged to be independent.

We dispose of nappies and pull ups hygienically. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for parents to take home.

We have a, 'duty of care', towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the nursery this may constitute neglect and will be a disciplinary matter.

Sun Care and application of sun cream

In sunny and hot weather, children are to bring sun hats, which will be worn. Sun cream should be applied before a child arrives and will be reapplied where necessary by Nursery staff. If, however, it has not been possible to apply sun cream to a child before arrival, this will be applied by Nursery staff.

Parents/carers should supply specific sun cream that is needed for a child and any allergies should be declared.

Staff will ask permission from a child before applying sun cream and will talk them through where the cream will be applied.