# WHY CHOOSE A CATERLINK SCHOOL MEAL?

## FRESHLY PREPARED



95% OF OUR
MEALS ARE MADE FRESH ON SITE

# NUTRITIOUS & BALANCED



OUR MEALS INCLUDE A PORTION OF PROTEIN, A PORTION OF CARBOHYDRATE & TWO PORTIONS OF VEGETABLES

#### SALAD BAR & FRESHLY

#### BAKED BREAD



WE OFFER A SALAD BAR AND FRESHLY BAKED BREAD FOR CHILDREN TO HELP THEMSELVES TO

#### **DESSERTS**



OUR DESSERTS NOT ONLY CONTAIN IMPORTANT NUTRIENTS SUCH AS CALCIUM AND ZINC BUT ARE ALSO IN LINE WITH GUIDANCE ON SUGARS.
FRESH FRUIT AND YOGHURT ARE ALSO OFFERED DAILY

### QUALITY INGREDIENTS



SUCH AS MSC FISH, RED TRACTOR MEAT AND RSPCA
ASSURED FREE RANGE EGGS



### SILVER STANDARD

ALL OUR MENUS ARE COMPLIANT TO THE SILVER STANDARD AS A MINIMUM

School Food Standards

OUR NUTRITION TEAM
ENSURE ALL MENUS

MEET THE SCHOOL FOOD STANDARDS FOR DISHES

AND PORTION SIZES

#### SUSTAINABLE OPTIONS

WE HAVE INCREASED OUR RANGE TO INCLUDE ADDED PLANT POWER DISHES, VEGAN DISHES AND ENCOURAGING MEAT FREE DAYS ON OUR MENUS

#### PORTION SIZES

ALL OF OUR PORTION SIZES ARE COMPLIANT, ENSURING WE ARE NOT OFFERING CHILDREN TOO MUCH OR TOO LITTLE FOOD FOR THEIR ENERGY REQUIREMENTS.

