


























Spring/ Summer Menu 2023

-  Added Plant Power
-  Vegan
-  Wholemeal
-  Chef's Special

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:
If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

		Monday	Tuesday	Wednesday	Thursday	Friday
Week One 4th September 25th September 16th October	Option 1	Mac and Cheese Concept A choice of different Mac & Cheese flavours with meat & vegetarian toppings  	Beef Lasagne with Garlic Bread	Roast of the Pork, Roast Potatoes & Gravy	Chef's Special Chicken Korma with Rice	Fishfingers with Chips & Tomato Sauce
	Option 2		Wholemeal Vegetable Pasta Bake  	NEW Sweet Potato & Spinach Flan with Roast Potatoes	Vegetable Wellington with New Potatoes & Gravy 	Mexican Bean Roll with Chips & Tomato Sauce 
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Peas Baked Beans
	Dessert	Fresh fruit salad 	Fruit Jelly with Mandarins 	Syrup Snap Biscuit 	Iced Vanilla Sponge	Oaty Cookie  
	Or a choice of Yoghurt & Fresh Fruit available daily 					
Week Two 11th September 2nd October	Option 1	Cheese & Tomato Pizza with Wedges	Pork Sausage Hot Dog with Potato Wedges 	Minced Beef & Onion Pie with Roast Potatoes 	Quirky Bird BBQ or Lemon & Herb Chicken or Vegan Quorn with Jollof Rice & Salads     	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce 
	Option 2	Crunchy Topped Vegetable Bake with New Potatoes	Vegan Sausage Hot Dog with Potato Wedges 	Potato and Courgette Layer Bake 		BEET Burger with Chips & Tomato Sauce  
	Vegetables	Mixed Salad Coleslaw	Vegetables of the Day 	Vegetables of the Day		Peas Baked Beans
	Dessert	Fruit Medley 	Chocolate Shortbread	Summer Lemon Cake	Melon, Cheese & Biscuits	Jelly
	Or a choice of Yoghurt & Fresh Fruit available daily 					
Week Three 18th September 9th October	Option 1	Chinese Vegetable Noodles 	Spaghetti Bolognaise 	Roast of the Turkey, Roast Potatoes, Stuffing & Gravy 	Greek Concept Greek Chicken Pita with Seasoned Wedges or Spinach & Cheese Parcel with Seasoned Wedges  	Fishfingers with Chips & Tomato Sauce
	Option 2	Cheese & Pepper whirl with new potatoes	Vegan Spaghetti Bolognaise	Vegan Quorn with Stuffing, Roast Potatoes & Gravy 		Cheese & Red Pepper Frittata with Chips & Tomato Sauce 
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Fresh Salad Rainbow Slaw	Peas Baked Beans
	Dessert	Peaches with Ice Cream	Chocolate Cake	Yoghurt & fresh fruit	Apple Flapjack	Comflake Tart
	Or a choice of Yoghurt & Fresh Fruit available daily					