



**Ash Base**

**PGL Residential 2024**

**Tuesday 7th May - Wednesday 8th May (one night)**

# Key Information - Getting there

Please bring your child and their luggage into the school hall at **7.45am**.

We will leave on a coach at approx. 8.15am, the journey will last approximately 90 mins



# Key information - Medical & Consent

- **Essential - Consent Form & Kit List - please take these tonight**
- **Essential PINK Form**, if your child will need to take any medicines during the trip (*including travel sickness*), with medication in a named zip-lock bag - to be returned where possible to office no later than Friday 3rd May - we cannot give your child medicine unless you complete and sign the **pink medical form**
- Staff are unable to administer aspirin or medicines containing ibuprofen **UNLESS they are prescribed by a doctor.**
- **All medicines** must be provided in the original container and prescribed medicines - as dispensed by a pharmacist, including the instructions for administration, with the child's name
- Failure to ensure this, may affect our ability to administer the medicine

**Please ensure Consent Form, Kit List & **PINK medicine form** if needed, are taken home following this meeting, copies are also available from the School Office.**

# Key information - Medical & Consent

- Consent form deadline - by **Friday 19th April**
- All instructions on the **PINK medicine form**, must match any instructions on the box/packet they are in
- Please do not send in paracetamol '*just in case*'... School will take liquid paracetamol for students for this purpose as detailed on the Consent Form
- **ANY** questions regarding medicines, please speak to **class teacher/ the office team** at your earliest convenience

# Key information - What not to bring

- No mobile phones or web-enabled/ electronic devices of any kind.
- School cameras will be taken and we will plan an opportunity to share the photos with you after the trip.
- No food/ snacks please or sweets

# The VFS Team!

Mrs Anstey

Mrs Weir

Mrs Read

Mrs Wilson

Mrs Christopher

Mrs Brason

Miss Davis

Mrs Farmer



# Brief Timetable for activities

The children will be split into 5 groups.

On the first day, the children will complete three different activities and then enjoy a campfire

The second day the children will complete two activities.



# ACTIVITIES



Climbing



Orienteering



Sensory Trail



# ACTIVITIES



Giant Swing



Problem Solving



